

# Quiet Leadership Programme

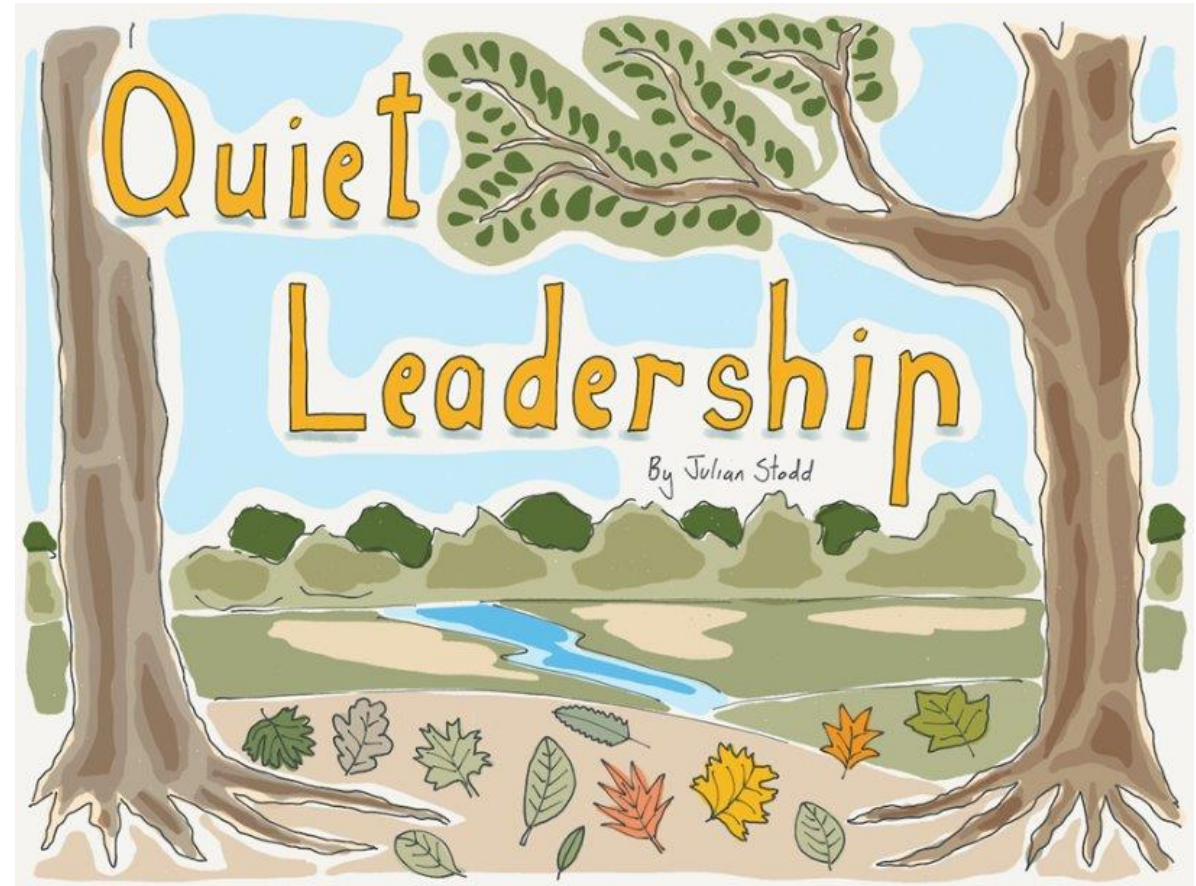
February 2026

*We look forward to welcoming you on this journey and discovering together the profound impact of leadership in its quietest forms.*

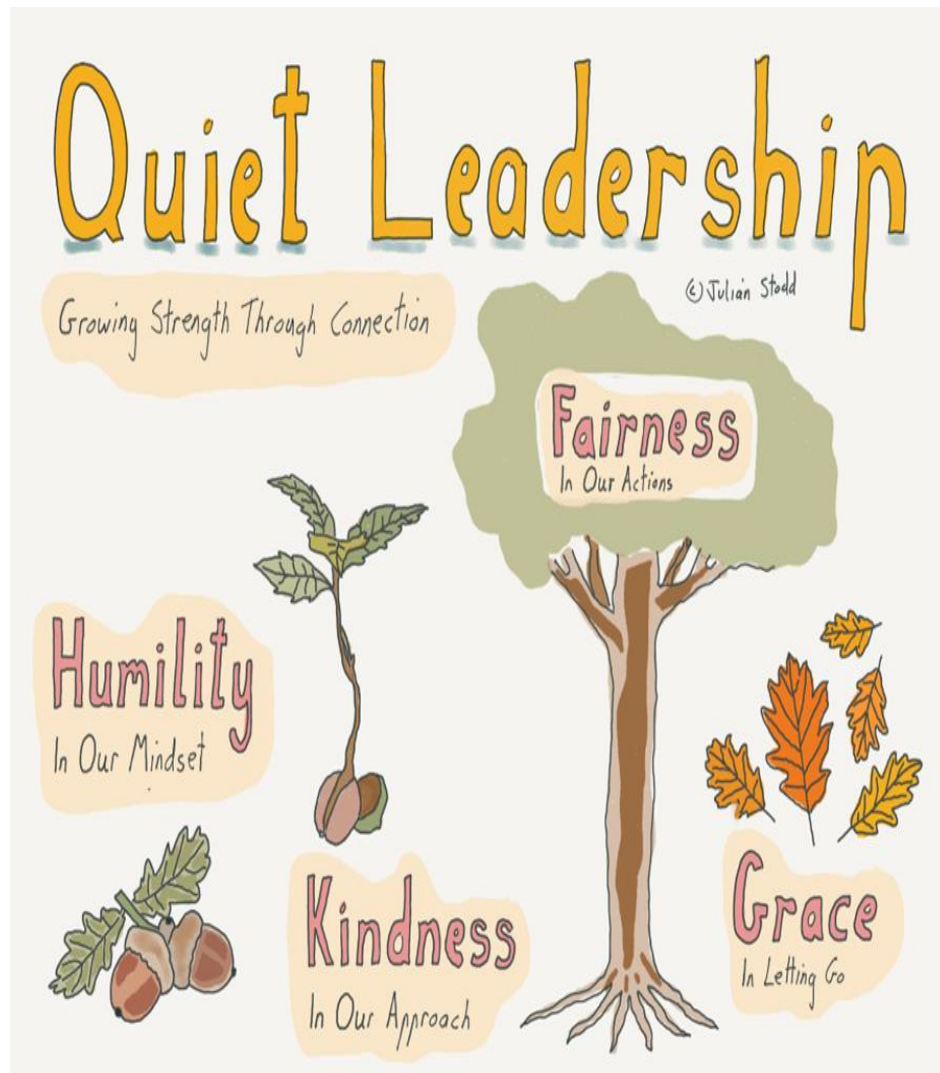
# Programme Overview

The Quiet Leadership Programme invites you to explore leadership through the smallest of actions. This programme views organisations as ecosystems and encourages participants to consider the footprints they leave and the shadows they cast through their daily interactions.

***Guided by Julian Stodd, author of 'The Quiet Leadership Guidebook', this research-based yet gentle journey focuses on humility, kindness, fairness, and gracefulness in leadership practice.***



# What is Quiet Leadership?



Quiet Leadership is a practice rooted in **intentionality**, **reflection**, and **connection**. It recognises that leadership extends beyond formal roles or titles—it's expressed through:

- How we show up for others
- How we build trust
- How we contribute to organisational culture

**As Julian Stodd describes, Quiet Leadership represents "the first three steps of a 10,000-step journey." It's not about formal objectives or large development programmes—it's about how we lead every single day, alongside each other.**

It's a call for a more compassionate, interconnected, and healthy landscape, and our individual actions in making that a reality.

Quiet Leadership is a call to action, and a social movement. Everyone is welcome in this space.

# Programme Details



# Why Join?



This journey is especially relevant as the NHS continues to evolve through distributed models of care, digital transformation, and increasing complexity. Quiet Leadership offers a gentle but powerful framework for navigating this change with curiosity and courage.



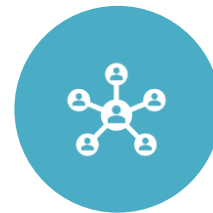
✓ **Develop a deeper understanding** – Understand your leadership approach and impact



✓ **Build resilience** - Enhance your adaptability in times of organisational change



✓ **Lead with authenticity** – Strengthen your ability to lead with empathy



✓ **Connect with peers** – Join a supportive learning community across the NHS



[Book your place here](#)

**Please note:** This is a complete four-week programme, where sessions are interconnected and build on each other. By registering, you're committing to attend all sessions.

## Have questions? Get in touch

However, should you have any questions or queries regarding the masterclasses, please contact the System Leadership team:



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