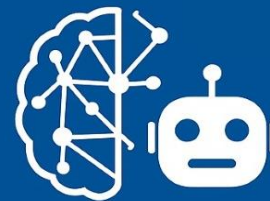


Future – Fit Leadership

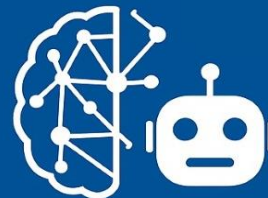
Information Pack 2025



Future – Fit Leadership

Future-Fit Leadership is a series of six short stand-alone masterclasses designed to inspire, share best practice and create positive thinking around the possibilities for the future.

Each session is designed as micro-learning bursts to fuel participants with ideas for action with themselves and their teams.



Session 1:

Career Agility in the NHS - Thriving in a Changing Landscape

12.30pm - 2pm, Tuesday 9 September 2025 via MS Teams webinar

Session Outline

Whether you're facing organisational change, career uncertainty, or the pressures of a high-stakes role, developing a proactive approach to career navigation is essential.

This session will explore practical strategies for managing change, maintaining motivation, and identifying opportunities for growth—helping you take control of your career, even in uncertain times.



Learning Objectives

- Understand the common challenges of career uncertainty and change
- Explore practical strategies for managing career transitions with confidence
- Identify opportunities for professional growth, even in challenging circumstances
- Develop a mindset that enables adaptability and proactive career planning

[Click here to book your place now](#)

Session 2:

Adaptive Leadership Mindset

12.30pm - 2pm, Tuesday 7 October 2025 via MS Teams webinar

Session Outline

We know that leadership is not about us having all the answers—it's how we create the confidence, agility and empowerment to enable our teams to adapt and grow. Adaptive leaders go beyond traditional command-and-control models, fostering trust, flexibility, and innovation to tackle complex challenges.

This webinar will explore how NHS leaders can develop an adaptive mindset, distinguishing between technical problems (which require expertise) and adaptive challenges (which demand learning and experimentation).



Learning Objectives:

- Understand the key traits that distinguish adaptive leaders from traditional leaders
- Learn how to identify and respond to technical problems versus adaptive challenges
- Develop practical techniques to empower and support teams through uncertainty

[Click here to book your place now](#)



Session 3:

Psychological Maturity: The Next Step in High-Performance Leadership

12.30pm - 2pm, Wednesday 26 November 2025 via MS Teams webinar

Session Outline

Psychological safety—creating an environment where people feel safe to speak up without fear—has become a major focus in leadership. But safety alone is not enough. The next step is psychological maturity, where teams can engage in healthy conflict, challenge each other constructively, take accountability, and grow together.

This session will explore how NHS leaders can move beyond creating “safe” spaces and foster a culture of high trust, critical thinking, and shared ownership—where staff feel both supported and stretched to deliver their best work.

Learning Objectives

Why psychological safety is important—but incomplete on its own

- Learn leadership strategies that foster accountability, challenge, and growth
- Understand how psychological maturity enhances innovation and resilience

[Click here to book your place now](#)

Session 4:

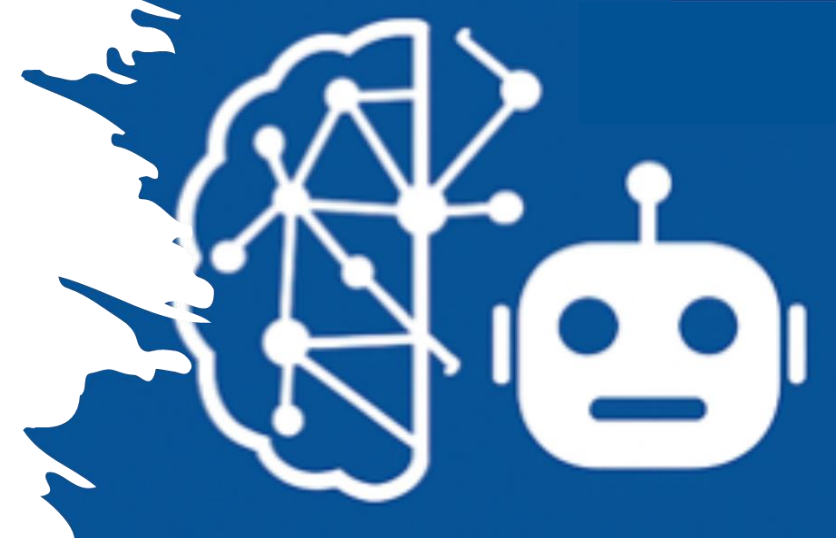
AI and Leadership - Harnessing Technology Without Losing the Human Touch

12.30pm - 2pm, Tuesday 9 December 2025
via MS Teams webinar

Session Outline

Artificial Intelligence is transforming the way we work, make decisions, and lead teams. But how can leaders leverage AI without sacrificing the creativity, empathy, and ethical decision-making that define great leadership?

This session explores what leaders need to know about AI, practical tools that enhance rather than replace human capability, and strategies to ensure AI-driven transformation remains people-centred.



Learning Objectives

- Understand the key AI trends shaping leadership and decision-making
- Identify practical AI tools that enhance efficiency and innovation
- Explore strategies to balance AI adoption with human-centred leadership

[Click here to book your place now](#)

Session 5:

Building Smarter Teams The Power of Skills-Based Work

12.30pm - 2pm, Thursday 8 January 2026 via MS Teams webinar

Session Outline

The way we work is changing. Traditional job descriptions and fixed roles are giving way to more dynamic, skills-based models that empower individuals and teams to adapt, collaborate, and innovate.

This webinar will explore the shift towards skills-based organisations, where competencies, not just job titles, define how work gets done. NHS staff face increasing complexity, workforce challenges, and evolving patient needs—requiring greater flexibility in how teams are structured and how talent is utilised.



Learning Objectives:

- Explore the benefits of a skills-based approach for NHS teams, including adaptability, retention, and staff engagement
- Learn practical strategies to identify and develop skills within teams, enabling more fluid and responsive ways of working
- Discuss how to apply a skills-based mindset to personal career development and workforce

[Click here to book your place now](#)

Session 6:

Innovating From Within: How Leaders Can Unlock Intrapreneurial Thinking

12.30pm - 2pm, Thursday 12 February 2026
via MS Teams webinar

Session Outline

Innovation isn't just for start-ups—some of the most groundbreaking ideas emerge from within large, resource-constrained organisations. Intrapreneurship is about empowering individuals to take ownership, challenge norms, and drive meaningful change.

This session will explore how leaders can foster an intrapreneurial mindset, applying business case knowledge to create the conditions for innovation—even in environments with limited resources.



Learning Objectives

- Understand the concept of intrapreneurship and its benefits in large organisations
- Learn how to create a culture where employees feel empowered to innovate
- Identify practical strategies for overcoming barriers to innovation

[Click here to book your place now](#)

Have questions? Get in touch

However, should you have any questions or queries regarding the masterclasses, please contact the System Leadership team:



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